## St. Benedict's Toolbox - Tools By Subject

Location	Too	ol Tool Name	Subject															
			Bal	B.C.	C of L	D.O.	Grum	Hosp			Pres	Obed	Pray	Rela	Rule	Stab	Serv V	Vork
Welcome	1	Becoming Aware of Where You Are Right Now													Х			
Introduction	1	Living the Baptismal Covenant		Х														
Introduction	2	A Review of My Relationships			Х					Х	Х	Х	Х	Х	Х	Х		
Introduction	3	Mary or Martha?	Х											Х	Х			
Interlude	1	Listening for God in a Task								Х	Х		Х	Х			Х	Х
Interlude	2	Some Ways to Give Thanks								Х			Х				Х	Х
Chapter 1	1	Questions About the Rule and Its Application to My Life													Х			
Chapter 1	2	Identifying Words with Negative Connotations													Х			
Chapter 1	3	The Influence of St. Benedict on Church History & Tradition				Х							Х		Х			
Interlude	1	Following the Breadcrumbs			Х					Х	Х	Х		Х			Х	Х
Interlude	2	Living Reflectively									Х		Х	Х				
Chapter 2	1	A Format for Holy Reading (lectio divina)											Х					
Chapter 2	2	Establishing a Practice of Holy Reading											Х					

Bal	Balance	Grum Grumbling	Pres Live in F	resent Moment Rule	Approaching the Rule
B.C.	Baptismal Covenant	Hosp Hospitality	Obed Obedier	ice Stab	Stability
C of	L Conversion of Life	<b>Hum</b> Humility	<b>Pray</b> Prayer	Serv	Service
D.O.	Daily Office	God Listening for God	Rela Relation	ships Work	Work

Location **Tool Name Subject** Tool Bal B.C. C of L D.O. Grum Hosp Hum God Pres Obed Pray Rela Rule Stab Serv Work Chapter 2 Scriptural Resources for Holy Χ Reading Using a Daily Lectionary Chapter 2 Χ Χ Chapter 2 Using Non-Scriptural Texts Χ Stability and Community Chapter 3 Χ Χ Χ Χ Chapter 3 2 Inner Stability Χ Χ Χ Χ Chapter 3 Stability and Change Χ 3 Χ Χ Stability and Faith Χ Χ Χ Χ Chapter 3 4 Χ Chapter 3 Stability and Perseverance Χ Χ Χ The Steps to Obedience Chapter 4 Χ Χ

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Chapter 4

Chapter 4

Chapter 4

Chapter 4

Chapter 5

Chapter 5

Remembering a Time of

Grumbling: Recognizing and

What Kind of Follower Am I?

Practicing the Presence of

Obedience: A Guided

Tools for Practicing

Stopping That Voice

The Practice of Humility

Meditation

Obedience

God

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B.C.	Baptismal Covenant	Hosp Hospitality	Obed	Obedience	Stab	Stability
C of I	Conversion of Life	Hum Humility	Pray	Prayer	Serv	Service
D.O.	Daily Office	God Listening for God	Rela	Relationships	Work	Work

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Location **Tool Name** Subject Tool Bal B.C. C of L D.O. Grum Hosp Hum God Pres Obed Pray Rela Rule Stab Serv Work Chapter 5 Keeping Death Always Before Χ Our Eyes The Tools for Good Works Chapter 5 Χ Χ Χ Χ Χ Chapter 5 Being Quiet with God through X Χ Χ Χ Centering Prayer Chapter 6 Stop to Give Thanks Χ Χ Chapter 6 Daily Devotions Χ Χ Use the Daily Office in The Chapter 6 Χ Χ Book of Common Prayer Pray on the World-Wide-Web Χ Χ Chapter 6 Pray Through Work Chapter 6 Χ Χ Χ Χ Chapter 6 Purchase a Book to Guide Χ Χ You Chapter 6 The Art of Beginning, Being Х Χ Χ Present and Quitting Becoming an Instrument of Chapter 7 Χ Χ Χ Χ Χ Χ Χ God's Peace Chapter 7 Hospitality to Those Who are Χ Χ Χ Χ Χ Χ Near Hospitality to Those Who are Chapter 7 Χ Χ Χ Far

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C of L Conversion of Life	<b>Hum</b> Humility	<b>Pray</b> Prayer	Serv Service
<b>D.O.</b> Daily Office	God Listening for God	Rela Relationships	<b>Work</b> Work

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			Bal	B.C.	C of L	D.O.	Grum	Hosp	Hum	God	Pres	Obed	Pray	Rela	Rule	Stab	Serv V	Vork
Chapter 7	4	Hospitality to the Earth						Х									Х	
Chapter 7	5	Hospitality in the Family						Х		Х	Х			Х			Х	
Chapter 7	6	Practice Forgiveness Instead of Punishment						Х						Х				
Chapter 8	1	Read a Gospel								Х			Х					
Chapter 8	2	Read a Spiritual Book								Х			Х					
Chapter 8	3	Replace Grumbling with Prayer					Х						Х					
Chapter 8	4	Give Up A Sin for Lent										Х	X	Х				
Chapter 8	5	Give Alms						Х				Х					Х	
Chapter 8	6	Give Up a Favorite Food, Drink or Other Fun Pastime										Х	Х				Х	
Chapter 8	7	Devote Yourself to Prayer								Х			Х	Х				
Chapter 9	1	Ways to Bring Prayer and God's Presence into Your Work						Х		Х			Х					Х
Chapter 9	2	Exploring My Work	Х											Х		Х	Х	Х
Chapter 9	3	God in My Work								Х								Х
Chapter 9	4	Banishing the Work Doldrums						Х		Х			Х	Х		Х		Х
Chapter 9	5	The Tools of My Work								Х			X					Х

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Location Tool Tool Name

Bal B.C. C of L D.O. Grum Hosp Hum God Pres Obed Pray Rela Rule Stab Serv Work

Chapter 9	6	Is My Life in Balance?	Х												Х
Chapter 9	7	Arrow Prayers								Х					Х
Chapter 9	8	Finding Prayers About Work								Х					Х
Chapter 10	1	A Sample Contemporary Rule as Model										Х			
Chapter 10	2	Designing Your Own Rule of Life	Х	X	Х	Х	Х	Х	Х	Х		Х	Х	Х	Х
Chapter 10	3	Some Inspiration								Х	X	Х			

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