

St. Benedict's Toolbox – Tools By Subject

Location	Tool	Tool Name	Subject																	
			Bal	B.C.	C of L	D.O.	Grum	Hosp	Hum	God	Pres	Obed	Pray	Rela	Rule	Stab	Serv	Work		
Welcome	1	Becoming Aware of Where You Are Right Now															X			
Introduction	1	Living the Baptismal Covenant		X																
Introduction	2	A Review of My Relationships			X					X	X	X	X	X	X	X				
Introduction	3	Mary or Martha?	X											X	X					
Interlude	1	Listening for God in a Task								X	X		X	X				X	X	
Interlude	2	Some Ways to Give Thanks								X			X					X	X	
Chapter 1	1	Questions About the Rule and Its Application to My Life															X			
Chapter 1	2	Identifying Words with Negative Connotations															X			
Chapter 1	3	The Influence of St. Benedict on Church History & Tradition				X							X		X					
Interlude	1	Following the Breadcrumbs			X					X	X	X		X				X	X	
Interlude	2	Living Reflectively									X		X	X						
Chapter 2	1	A Format for Holy Reading (<i>lectio divina</i>)												X						
Chapter 2	2	Establishing a Practice of Holy Reading												X						

Bal Balance	Grum Grumbling	Pres Live in Present Moment	Rule Approaching the Rule
B.C. Baptismal Covenant	Hosp Hospitality	Obed Obedience	Stab Stability
C of L Conversion of Life	Hum Humility	Pray Prayer	Serv Service
D.O. Daily Office	God Listening for God	Rela Relationships	Work Work

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Chapter 5	3	Keeping Death Always Before Our Eyes			X						X		X	X				
Chapter 5	4	The Tools for Good Works	X		X		X	X	X	X		X	X	X			X	X
Chapter 5	5	Being Quiet with God through Centering Prayer			X					X	X		X					
Chapter 6	1	Stop to Give Thanks				X							X					
Chapter 6	2	Daily Devotions				X							X					
Chapter 6	3	Use the Daily Office in <i>The Book of Common Prayer</i>				X							X					
Chapter 6	4	Pray on the World-Wide-Web				X							X					
Chapter 6	5	Pray Through Work				X							X				X	X
Chapter 6	6	Purchase a Book to Guide You				X							X					
Chapter 6	7	The Art of Beginning, Being Present and Quitting	X								X						X	X
Chapter 7	1	Becoming an Instrument of God's Peace						X		X		X	X	X			X	X
Chapter 7	2	Hospitality to Those Who are Near	X					X				X		X		X	X	X
Chapter 7	3	Hospitality to Those Who are Far						X					X				X	

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Chapter 7	4	Hospitality to the Earth						X									X	
Chapter 7	5	Hospitality in the Family						X		X	X			X			X	
Chapter 7	6	Practice Forgiveness Instead of Punishment						X						X				
Chapter 8	1	Read a Gospel								X			X					
Chapter 8	2	Read a Spiritual Book								X			X					
Chapter 8	3	Replace Grumbling with Prayer					X						X					
Chapter 8	4	Give Up A Sin for Lent										X	X	X				
Chapter 8	5	Give Alms						X				X					X	
Chapter 8	6	Give Up a Favorite Food, Drink or Other Fun Pastime										X	X				X	
Chapter 8	7	Devote Yourself to Prayer								X			X	X				
Chapter 9	1	Ways to Bring Prayer and God's Presence into Your Work						X		X			X					X
Chapter 9	2	Exploring My Work	X											X		X	X	X
Chapter 9	3	God in My Work								X								X
Chapter 9	4	Banishing the Work Doldrums						X		X			X	X		X		X
Chapter 9	5	The Tools of My Work								X			X					X

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