

ADELYNROOD

RETREAT & CONFERENCE CENTER

August 17- 19 (Friday dinner – Sunday lunch) Honoring Martha and Mary: Everyday Spirituality for Prayer and Action

“Prayer and action go hand in hand. We cannot have one without the other.” These words of Jane Vennard challenge us to discover and fully develop a life-giving balance between prayer and action, where each honors, enriches and gives energy to the other. This weekend we will explore the profound wisdom and direction for prayer and action through Scripture, spiritual teachers such as St. Benedict, and our shared experience. Jane will lead us in presentations, discussions, and periods of silent prayer and reflection. We will model a rhythm of prayer and action that can be brought into daily life. Lectio Divina (prayer with scripture), centering prayer, intercession, and praying our tasks will be practiced as we explore the essence of prayer and action. We will form a plan to enrich prayer and action in our journey as followers of Jesus Christ.



The Rev. Dr. Jane Tomaine, SCHC, is an Episcopal priest, nationally-known retreat leader, and author of *St. Benedict's Toolbox: The Nuts and Bolts of Everyday Benedictine Living*. Jane served as rector of St. Peter's Episcopal Church in Livingston, NJ for 12 years. Since April 2008 she has dedicated her ministry to leading retreats, teaching and writing on Benedictine Spirituality. Jane also serves as Priest Associate at Calvary Episcopal Church in Summit, NJ.

Visit www.StBenedictsToolbox.org

Program fee \$120 Room & board \$200 Total cost \$320
Program check-in 4:00 – 6:00 pm Friday



Adelynrood Retreat and Conference Center, Byfield, MA 01922-2812 www.Adelynrood.org

Yes *Confirm my reservation via E-mail notification.

OR... Yes Confirm my reservation via U.S Mail. I have include a self-addressed stamped envelope.
Adelynrood Retreat and Conference Center, 46 Elm Street, Byfield, MA 01922-2812 978 462-6721 www.Adelynrood.org

NAME: _____ TEL. _____ *CURRENT EMAIL: _____

STREET: _____ CITY, STATE, ZIP _____

I'M ENCLOSING A DEPOSIT OF \$ _____. I AM ALSO ENCLOSING \$ _____ SO THAT ANOTHER PERSON IS ABLE TO ATTEND A PROGRAM AT ADELYNROOD.

NAME OF EVENT: _____ REQUESTED DATE & TIME OF ARRIVAL & DEPARTURE: _____

ACCOMMODATIONS FOR THOSE WITH DISABILITIES ARE LIMITED. PLEASE DESCRIBE YOUR NEEDS. _____

FOR ON-SITE TRANSPORTATION ASSISTANCE CHECK HERE FOR A VEGETARIAN DIET CHECK HERE & EXPLAIN _____

FOR MEDICAL DIETARY RESTRICTIONS CHECK HERE & EXPLAIN _____

A NON-REFUNDABLE DEPOSIT OF **\$100** for each multi-day event **OR \$50** for each one-day event *must accompany this application.* Your deposit will be applied to the total cost of each event.

Make checks payable to SCHC and please include your current e-mail address OR a self-addressed stamped envelope for confirmation. Waiting List: If you are on an event waiting list and we are not able to accommodate you, we will return your deposit check. Scholarships are available. Visit our website www.Adelynrood.org for applications.